FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Stanton Sarah						2. Issuer Name <b>and</b> Ticker or Trading Symbol Trinity Capital Inc. [ TRIN ]								(Chec	k all app Direc	nip of Reporting oplicable) ector cer (give title		erson(s) to Is 10% Ov Other (s	wner	
	NITY CAF	PITAL INC.	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/15/2023							X	below	GC, CCO, and		below)			
3075 WEST RAY ROAD, SUITE 525  (Street)  CHANDLER AZ 85226  (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Line) X	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	, Dis	posed of	, or B	Benefi	cially	y Own	ed				
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day						Execution Date		Date,			es Acquired (A) Of (D) (Instr. 3, 4		and Securit		ies cially Following	Forr (D) c	m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	or Pri	се	Transa	nsaction(s) str. 3 and 4)			(111341. 4)	
Common Stock 03/15/2					023				F <sup>(1)</sup>		1,468	D	\$1	2.85	29,	9,526 <sup>(2)</sup>		D		
Common Stock 03/15/2				.023				A <sup>(3)</sup>		33,774	A		\$ <mark>0</mark>	63,300(2)			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) o Dispo	r osed ) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
				Code		v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amour or Number of Shares	er						

## **Explanation of Responses:**

- 1. Shares withheld to satisfy the reporting person's tax obligations in connection with vesting of restricted shares on March 15, 2023. Transaction exempt from Section 16(b) pursuant to Rule 16b-3.
- 2. Includes (1) 13,005 restricted shares issued under the 2019 Trinity Capital Inc. Long Term Incentive Plan, which shares began quarterly vesting pro rata over the twelve full calendar quarters immediately following March 15, 2023; and (2) 13,652 restricted shares issued under the 2019 Trinity Capital Inc. Long Term Incentive Plan, which shares began quarterly vesting pro rata over the twelve full calendar quarters immediately following September 15, 2021.
- 3. Restricted shares issued under the 2019 Trinity Capital Inc. Long Term Incentive Plan. 25% of such restricted shares shall vest on March 15, 2024, and the remaining 75% of such shares shall vest pro rata over the twelve full calendar quarters immediately following March 15, 2024.

/s/ Sarah Stanton

03/17/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.